



# Top of the Woods Breakfast Menu

Please specify if you have allergies or dietary restrictions at time of booking. Booking must be made 48 hours in advance and payment taken to secure the booking

Adults £10 – Kids £7

The Dutch Barn Classic	The Monthly Special	The Veggie
<p>Overnight soaked organic porridge with trimmings (dried fruits, nuts etc.)</p> <p><b>Cooked to Order:</b></p> <p>Hot breakfast roll with proper Welsh Teifi Valley bacon and a free-range egg</p> <p><b>Drinks</b></p> <p>Cawston Press juices &amp; cafetiere of freshly ground organic &amp; fair-trade Arabica coffee, or pot of tea.</p>	<p><b>May</b></p> <p>Spanish tortilla (warm potato &amp; egg omelette) with tomato salsa &amp; crusty bread (VEG)</p> <p><b>June</b></p> <p>Shakshuka, a North African &amp; Middle Eastern breakfast made from chickpeas, tomatoes &amp; eggs served with flatbread (VEG)</p> <p><b>July</b></p> <p>Gravlax salmon and scrambled egg served on a lightly toasted bagel.</p> <p><b>August</b></p> <p>Gravlax salmon and scrambled egg served on a lightly toasted bagel.</p> <p><b>Sept</b></p> <p>Breakfast Burrito with chorizo, peppers &amp; scrambled eggs</p> <p><b>Drinks</b></p> <p>Cawston Press juices &amp; cafetiere of freshly ground organic &amp; fair-trade Arabica coffee, or pot of tea.</p>	<p>Organic creamy porridge soaked overnight with trimmings (dried fruits, nuts etc.)</p> <p>Organic porridge made with plant-based milk (Vegan)</p> <p><b>Cooked to Order</b></p> <p>hot breakfast rolls</p> <p>Vegetarian sausage &amp; egg breakfast roll (VEG)</p> <p>Portobello mushroom breakfast roll (Vegan)</p> <p><b>Drinks</b></p> <p>Cawston Press juices &amp; cafetiere of freshly ground organic &amp; fair-trade Arabica coffee, or pot of tea.</p>
<p><b>For the Kids</b></p> <p>The Classic or The Veggie will include organic Pembrokeshire milkshake instead of tea or coffee If you have an adventurous child who would like The Monthly Special, this will be served as an adult portion &amp; at the adult price 😊</p>		